

Be Aware

Even though an overwhelming majority (89%)* of Lloydminster residents and businesses think that the issue of people abusing alcohol and drugs is a problem both in big cities and their community, many people might not know what the signs of substance abuse are.

Some things to look out for:

- Changes in behaviour and appearance.
- Emotional disturbances.
- Poor work performance and lateness.
- Binge drinking.
- Family history of substance abuse.
- Traffic at all hours to a residence.
- Home that seems occupied but have little furniture, strange lighting and garbage made up of material for growing plants.
- People exchanging money for packages in an unexpected location.

These are just some of the signs and symptoms of substance abuse and drug crime. For more information, download our handbook at:
www.lloydminsterdrugstrategy.com/ladsac_resource_handbook.pdf



Care

Caring about the people around you, in your family, your school, at your job and in your neighbourhood, is one of the most important steps in the fight against substance abuse.



Your family or friends with substance abuse issues need you to care, because they might not be able to stop abusing drugs and alcohol on their own.

Caring about the community of people you work with or live with helps in keeping everyone healthy and safe.

Taking personal responsibility to care about substance abuse and the people around you drives you to the next step... **Take Action!**

Take Action



Being aware of substance abuse issues and caring for those around you is not enough to stop drug and alcohol abuse in our community. Taking action, doing something about the problem, is key in fighting substance abuse.

Here are a few suggestions on how to take action:

- Talk to the person who is abusing drugs or alcohol, and offer your support and willingness to help them.
- Educate yourself on substance abuse issues.
- Report suspicious activities to the authorities.
- Volunteer at a support service agency.
- Suggest drug education seminars at your place of employment or at your children's school.
- Push for more financial support for programming and treatment from your local and regional governments.
- Learn how and be prepared to intervene in serious addiction situations.

If we work together by “being aware”, “caring” and “taking action”, we can improve the quality of life, health and safety of those living with substance abuse and create a better community for all.

Our Community

LADS Committee Members

Catholic Social Services - Lloydminster
East Central Alberta Child & Family Services
Lloydminster Catholic School division
Lloydminster Chamber of Commerce
Lloydminster Public School Division
Lloydminster & Area Sexual Assault Centre
Prairie North Region Health Authority
Ministry of Social Services
The City of Lloydminster
“Slim” Thorpe Recovery Centre

Our Community Partners

LADS would like to Thank the following for their generous support:



Meridian Booster



LLOYDMINSTER AREA
DRUG STRATEGY

Lloydminster Area Drug Strategy will mobilize the community to decrease substance abuse.

This includes:

- Education & Awareness
- Prevention
- Healing Continuum
- Harm Reduction
- Community Justice

Contact Information

Lloydminster Area Drug Strategy

E-Mail: info@ladsac.com

Web: www.lloydminsterdrugstrategy.com

Thorpe Recovery Centre

4204 - 54 Avenue

Lloydminster, AB T9V 2R6

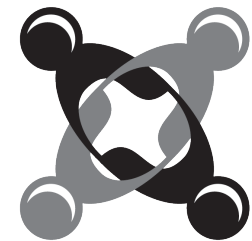
Tel: (780) 875-8890

E-mail: info@thorperecoverycentre.org

Crime Stoppers

Tel: 1-800-222-TIPS (8477)

Be Aware CARE Take Action



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